

Medical Resources
as of February 2014

South Texas Area

**Texas Department of Criminal Justice
Unit Level**

If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box.

For information related to sexual abuse, please contact:

Unit Level:

Safe Prisons Coordinator/Staff
Medical Services

Mental Health Services

Hotline: 1-800-799-SAFE (7233)

What to do First

After release, the first thing you should do after calling your parole/probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food pantry and transportation.

Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.

ADAP Drug Assistance Program

(800) 255-1090

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)

Emergency Homeless Services

BROWNSVILLE AREA

Catholic Charities - Rio Grande Valley

Brownsville 956 541-0220
San Juan 956 702-4088

Assistance with shelter, food, clothing, medical needs.

Food Bank of the Rio Grande Valley 956 682-8101
724 N. Cage Blvd., Pharr 78577

Open Mon-Fri 8am-5pm and Sat 8am-12pm

Good Neighbor Settlement House 866 505-7929
1254 E. Tyler St., Brownsville 78520

Emergency shelter, hot meals, food pantry, showers, clothing, rental assistance, and more.

Loaves and Fishes 956 423-1014
514 South E Street, Harlingen 78550

Men & women's shelter (opens at 6pm), breakfast & dinner, Job Shop and family emergency assistance.

Mujeres Unidas/Women Together 956 664-2826
420 N. 21st Street, McAllen 78501

Homeless shelter and rape crisis center.

Salvation Army
201 E. Monroe, Harlingen 78550 956 423-2454
1600 N. 23rd St, McAllen 78501 956 682-1468

Emergency assistance (financial, food, seasonal), shelter (McAllen), clothing, and counseling.

CORPUS CHRISTI AREA

Catholic Charities of Corpus Christi 361 884-0651
1322 Comanche Street; Corpus Christi, 78401
Day shelter, showers, meals and much more.

Good Samaritan Rescue Mission 361 883-6195
210 S. Alameda St, Corpus Christi 78401
Food, shelter, clothing, employment, spiritual counseling, and support services. Open 24 hours.

Rainbow House (Women & Children) 361 887-0670
1919 Leopard St., Corpus Christi 78408
Transitional, supportive housing and emergency shelter; access to free counseling and child care.

LAREDO AREA

Bethany House 361 723-2349
819 Hidalgo, Laredo 78040
Shelter for men, breakfast, lunch, showers. 6pm-6am.

DISMAS Charities 956 727-0552
6752 Gilbert Rd., Laredo 78041
Halfway house providing life skills, job skills, etc.

Salvation Army 956 576-1297
408 Matamoros, Laredo 78040
Shelter for men, lunch. Open 24 hours.

Helpful Resources

2-1-1: Free, confidential info for help with food, housing, employment, counseling and more.

www.211texas.org

First Call **877 724-2345**
Free info on assistance available in the 12-county area.

HIV and STD TESTING

Cameron County Health Dept **956 574-8745**
Corpus Christi Public Health **361 826-7237**
HIV/STD Info and Referral Line **956 795-4905**

Medicaid **800 252-8263**

Info about Texas Medicaid and the Children's Health Insurance Program (CHIP).

www.hhsc.state.tx.us/Medicaid/index.html

Medicare **800 633-4227**
Info and assistance with Medicare. www.medicare.gov

MENTAL HEALTH CRISIS SUPPORT

Tropical Texas Behavioral Health **877 289-7199**
Rio Grande Valley 24-hour crisis line.

24-hour help is also available locally:

Edinburg **956 289-7000**
Harlingen **956 423-8094**
Brownsville **956 546-2230**

Collect calls are accepted. Screenings/assessments are provided as needed to determine the need for hospitalization or other less restrictive treatment.

Behavioral Health Center of Nueces County
Crisis Hotline **888 767-4493**

Border Region Behavioral Health (Laredo)
Crisis Hotline **800 643-1102**

National Domestic Violence Hotline **800-799-7233**
24-hours, over 170 languages. TTY: 800 787-8224

PUBLIC TRANSIT

Brownsville Metro **956 548-6050**
Fixed route and paratransit bus service. Available Mon-Sat, 6:30am-8pm <http://bmetro.cob.us>

McAllen Metro **956 681-3510**
Fixed route and paratransit bus service. Available Mon-Sat, 6am-11pm; Sun 8am-8pm. www.mcallen.net/metro

Metro Connect **855 220-8827**
Intercity bus service connecting the upper and lower Rio Grande Valley. Available Mon-Sun 5:20am-9pm. www.rgvmetroconnect.com

Valley Metro **800 574-8322**
Public transit in Hidalgo, Cameron and Willacy counties. Available Mon-Sat, 6am-8pm. www.lrgvdc.org/valleymetro

Corpus Christi Transit Authority **361 883-2287**
24-hour Bus Schedule Line **361 289-2600**

Fixed route and paratransit bus service.

www.ccrta.org

El Metro **361 883-2287**

Fixed route and paratransit bus service. Available Mon-Sun, 6am-10pm. www.elmetrotransit.com

Rio Grand Valley Housing Authorities

Section 8 and public housing for low income families. Call for eligibility and availability information.

Brownsville **956 541-8315**

Corpus Christi **361 889-3300**

Harlingen **956 423-2341**

St. Luke's Liver Health Outreach **800 72-LIVER**
6620 Main Street, Ste 1505; Houston 77030

Free Hepatitis B and C screenings Mon-Thurs, 9am-3pm (closed 12-1pm). Parking is free.

www.stluketexas.com/AboutUs/LiverHealth/

Social Security **800 772-1213**

Get information, forms or locate an office. Live help available M-F 7am-7pm; automated system available 24 hours a day. www.ssa.gov

SUBSTANCE ABUSE TREATMENT SUPPORT

Brownsville Area:

Alcoholics Anonymous 956 638-6346

Narcotics Anonymous 956 227-0362

Rio Grande Valley Council 956 787-7111

Corpus Christi Area:

Alcoholics Anonymous 361 992-8911

Narcotics Anonymous 361 992-2113

Laredo Area:

Alcoholics Anonymous 956 722-9001

Texas Rio Grande Legal Aid **210 212-3700**
1111 N. Main Avenue, San Antonio 78212

Free civil legal assistance (no criminal matters) to low-income individuals. Mon-Fri 8am-5pm.

VA Outpatient Clinic Corpus Christi **361 806-5600**
5283 Old Brownsville Road, 78405

VA Outpatient Clinic Laredo **956 523-7850**
4602 N. Bartlett, 78041

Medical care and other services for Veterans. Open Mon, Tues, Weds, Fri 8am-4:30pm, Thurs 10am-4:30pm. See website for additional locations.

www.texasvalley.va.gov

Agencies: Medical Clinics and Social Services

BROWNSVILLE AREA

Brownsville Community Health Center
2137 E. 22nd Street; Brownsville, TX 78521

956 621-3657
Open: Monday-Friday, 8am-5pm;
Wednesday, 10am-6pm

Adult medicine, women's center, pediatrics, dental care, immunizations, radiology, laboratory, pharmacy, health education, social services, behavioral health and referrals. www.mybchc.org

HIDALGO COUNTY HEALTH & HUMAN SERVICES DEPARTMENT CLINICS

Open: Monday-Friday, 7:30am-5:30pm

Edinburg Health Clinic
3105 East Shunior; Edinburg TX 78539

956 318-2040

McAllen Health Clinic
300 E. Hackberry; McAllen, Texas 78501

956 682-6155

Assistance with basic health care services, prescriptions, family planning, skilled nursing facility services, rural health clinic lab/x-ray, immunizations, annual physical exams, STD/HIV testing and medical screenings. Also assists residents of Hidalgo County in need of funeral and burial assistance. www.hchd.org

Methodist Healthcare Ministries
MAIN: 4507 Medical Drive; San Antonio, TX 78229

210 692-0234
Open: Monday-Friday, 8am-4:30pm

Primary medical and dental care, counseling, case management and social services, family wellness and parenting programs, and church-based community nursing programs. Many locations throughout the area, call for more info. www.mhm.org

Valley AIDS Council Clinic
Harlingen – Westbrook Clinic
2306 Camelot Plaza; Harlingen, TX 78550

956 428-2653
Open: Mon, Thurs, Fri 8am-5pm;
Tues, Weds 8am-8pm

Medical and dental care, nutrition advice, case management and pharmacy. You will need to be screened for eligibility. Free HIV and STD testing (Syphilis, Gonorrhea, and Chlamydia) Mon, Weds, Fri 1pm-5pm. www.valleyaids.org

VALLEY BAPTIST HEALTH SYSTEM

Harlingen Medical Center
2101 Pease Street; Harlingen, TX 78550

956 389-1100

Brownsville Medical Center
1040 West Jefferson; Brownsville, TX 78520

956 698-5400

Medical services for adults and children, health education, behavioral health, Rio Grande Valley Indigent Health Care Program, senior services, spiritual and wellness services

CORPUS CHRISTI AREA

Catholic Charities of Corpus Christi
1322 Comanche Street; Corpus Christi, TX 78401

361 884-0651
Open: Monday-Friday, 7:30am-5:30pm

Assistance with bus tokens, rent/deposit, utilities, prescriptions, food, clothing and other needs. Also offers professional counseling for children, teens, adults and couples. Operates a Homeless Day Shelter offering breakfast and snacks. Also provides lockers, showers, laundry facilities, phone and internet access, bus tokens, blankets, jackets, clothing, first aid and referrals to other services. www.catholiccharities-cc.com

Coastal Bend Wellness Foundation
400 Mann Street, Suite 800; Corpus Christi, TX 78401

361 814-2001
Open: Monday-Friday, 9am-5:30pm

Medical and social case management, mental health counseling, substance abuse treatment, health and prevention education, free HIV testing (Mon-Thurs 9am-4pm). www.cbwellness.org

<p>Coastal Plains Community Center 200 Marriott Drive; P.O. Box 1336; Portland, TX 78374</p>	<p>361 777-3991 Open: Monday-Friday, 8am-5pm</p>
<p>Case management and referrals to services, psychological assessments, counseling for individuals and families, speech/language services, and nursing services including medical assessments, physician referrals, health and safety education and consultation with specialists as needed. www.cpmhmr.org</p>	
<p>Food Bank of Corpus Christi 826 Krill Street; Corpus Christi, TX 78408</p>	<p>361 887-6291 Open: Monday-Friday, 8am-4:30pm</p>
<p>Mobile Pantry Program: services to those in rural areas in the surrounding counties. Provides and distributes food and personal care items on a monthly basis in the smaller cities that don't have local help, cities like Benavides, Concepcion, Driscoll, Orange Grove, Premont, Realitos, and San Jose. www.foodbankcc.com</p>	
<p>Nueces County Community Action Agency 101 S. Padre Island Drive; Corpus Christi, TX 78405</p>	<p>361 883-7201</p>
<p>Offers a variety of programs to eligible, low income individuals and families including assistance with utilities, emergency food (rural areas), rental assistance, weatherization of homes, information and referrals, Notary service (free), and Early Head Start and Head Start programs. www.nccaatx.org</p>	
<p>Valley AIDS Council Corpus Christi – Westbrook Clinic 400 Mann Street, Suite 850; Corpus Christi, TX 78401</p>	<p>361 904-0616 Open: Monday-Friday, 8am-5pm</p>
<p>Medical and dental care, nutrition advice, case management and pharmacy. You will first need to be screened for eligibility, call for more information. www.valleyaids.org</p>	
<p>LAREDO AREA</p>	
<p>Border Region Behavior Health Center 1500 Pappas Street; Laredo, TX 78041</p>	<p>956 794-3000 Open: Monday-Friday, 8am-5pm</p>
<p>Treatment and support for adults and children with a mental illness diagnosis, intellectual/cognitive, pervasive developmental disorder and/or related conditions. www.borderregion.org</p>	
<p>Gateway Community Health Center 1515 Pappas Street; Laredo, TX 78041</p>	<p>956 795-8100 Open: Monday-Friday, 8am-5pm</p>
<p>Medical care for adults and children, dental care, immunizations, checkups, OB/ GYN, family planning clinic, free pregnancy tests, STD testing, pharmacy.</p>	
<p>The Urgent Care Clinic is open Monday-Friday 6pm-10pm. www.gatewaychc.com</p>	
<p>Laredo Health Department Early Intervention Services 2600 Cedar Avenue; Laredo, TX 78040</p>	<p>956 795-4905 Open: Monday-Friday, 8am-5pm</p>
<p>Provides Early Intervention Services to help persons living with HIV/AIDS with the costs of primary health care and support services, housing through the HOPWA program and monthly client meetings. Also offers free HIV, Syphilis and Hepatitis C testing and risk counseling. HIV/STD Info and Referral Line: 956 795-4905. www.ci.laredo.tx.us/health/healthindex.htm</p>	