

<p>Texas Department of Criminal Justice Unit Level</p> <p>If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box.</p> <p>For information related to sexual abuse, please contact:</p> <p>Unit Level: Safe Prisons Coordinator/Staff Medical Services Mental Health Services</p> <p>Hotline: 1-800-799-SAFE (7233)</p>	<p>What to do First</p> <p>After release, the first thing you should do after calling your parole/probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food pantry and transportation.</p> <p>Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.</p>
<p>ADAP Drug Assistance Program (800) 255-1090</p> <p>Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)</p>	

Emergency Homeless Services

<p>Austin Street Centre 214 428-4242 2929 Hickory Street Emergency overnight shelter. Offers food, clothing, medical & psychiatric care, AA/NA meetings, Bible study and transitional housing. Open 4pm-10pm daily.</p> <p>Dallas LIFE 214 421-1380 1100 Cadiz Street Provides food, shelter, clothing and counseling to all persons regardless of race, color, creed, sex or age.</p>	<p>Metro Dallas Homeless Alliance 214 670 1101 The Bridge 214 670-1104 1818 Corsicana Street Emergency shelter or referrals to other local shelters. Day services include meals, showers and storage.</p> <p>Mobile Crisis 24 hour Hotline 866-260-8000 If you have an urgent mental health crisis, call the 24 hour hotline.</p>
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Agencies: Medical Clinics and Social Services

AIDS ARMS
 351 W. Jefferson Blvd., Suite 300; Dallas, TX 75208 (214) 521-5191
 HOURS: Monday-Friday, 8am-5pm BUS: 011 Cockrell Hill PTL

Free HIV, Syphilis, Hepatitis C testing and risk reduction education. Anyone who tests positive is linked to medical care and other needed services. Provides case management, outpatient medical care, medication assistance, referrals to mental health and substance abuse treatment and assistance with improving access to medical care, treatment and support services.

AIDS INTERFAITH NETWORK
 501 N. Stemmons Frwy, Suite 200; Dallas, TX 75207 (214) 941-7696
 HOURS: Monday-Friday, 8am-5pm TRAIN: West End Station-Red, Blue, Green

Provides services for persons with HIV/AIDS that include, transportation (van service and bus passes), hot meals (breakfast and lunch), adult day center, casework, volunteer programs and pastoral support services.

THE COUNCIL ON ALCOHOL & DRUG ABUSE

1349 Empire Central Drive; Dallas, TX 75247

HOURS: Monday-Friday, 8am-5pm

(214) 522-8600

BUS: 526 Inwood/Love Field Station

Provides HIV testing, information, referrals, education and risk reduction steps to those living with substance abuse and HIV and those who are at risk for HIV and other STDs.

Offers substance abuse assessments, peer support group, intensive case management, risk reduction accountability and support for transportation, medical, dental, optical and mental health services.

DALLAS COUNTY HEALTH & HUMAN SERVICES

2377 N. Stemmons Freeway; Dallas, TX 75207

HIV Testing and Counseling

(214) 819-1980

Confidential testing by appointment or walk-in. Monday-Friday 8am-5pm

STD Clinic

(214) 819-1819

Testing for most STDs by appointment. Monday-Thursday 8am-6:30pm, Fri 8am-6:30pm

Welfare Department

(214) 819-1800

Assistance with food, shelter, utilities and transportation for those with a physical or mental disability. Monday-Friday 7:45am-5pm.

HOMeward BOUND, INC.

233 West 10th Street; Dallas, TX 75208

HOURS: Monday-Friday, 8:30am-5pm

(214) 941-3500

BUS: 1 Mockingbird Sta, 1 Wynnewood

Offers an inpatient residential program serving men and women with dual diagnosis (substance abuse issues and mental disorders) who are also HIV-positive. Also provides medical and substance abuse treatment, case management, mental health counseling, nutritional services, individual and group counseling and AA/NA support groups.

LEGACY COUNSELING CENTER

4024 McKinney Ave., Suite 102; Dallas, TX 75204-2050

HOURS: Monday-Friday, 8am-5pm

(214) 520-6308

TRAIN: S-Red Line-Westmoreland, N-Red Line-Parker Rd, S-Blue Line-Ledbetter, N-Blue Line-Downtown Garland

The program offers individual, couple and group mental health counseling, substance abuse treatment and after care and various therapy/support groups including HIV/AIDS therapy.

METROCARE SERVICES

1380 River Bend Drive; Dallas, TX 75247

HOURS: Monday-Friday, 8am-5pm

(214) 743-1200

BUS: 526 Record Crossing

Offers individually-tailored services for adult mental health that include outpatient clinics, community-based support and rehabilitative programs, housing and homeless services, 24-hour emergency services, hospital liaison services, intensive family services and long-term supports.

MOSAIC FAMILY SERVICES, INC.

4144 N Central Expressway, Suite 530; Dallas, TX 75201

HOURS: Monday-Friday, 8:45am-5:15pm

(214) 521-5191

TRAIN: N-Blue line-Downtown Garland, S-Red Line-Westmoreland, N-Red Line-Parker Road, S-Blue Line-Ledbetter

Offers licensed chemical dependency counselors to provide case management to persons at risk for HIV infection or people with HIV identified as having a problem with substance abuse and significant others and/or family members of the above.

PARKLAND HEALTH & HOSPITAL SYSTEM

5201 Harry Hines Boulevard; Dallas, TX 75235

(214) 590-5618

BUS: 027,029, 049, 404, 405, 408, 409, 453, 525, 544, 822 TRAIN: Green, Orange

All HIV clinic locations perform medical case management, medical services for people with HIV and access to greater than 150 specialty and subspecialty clinics. Call for more information.

RESOURCE CENTER DALLAS

2701 Reagan Street; Dallas, TX 75219

(214) 528-0144

HOURS: Monday-Friday, 9am-5pm

TRAIN: S-Red Line-Westmoreland, S-Blue Line-Ledbetter, N-Red Line-Parker Road, N-Blue Line-Downtown Garland

Offers hot meals, a food pantry, dental services, disease management, STD screening and treatment and mental health counseling.

SOUTHWESTERN MEDICAL CENTER

Community Prevention Intervention Unit

400 S. Zang Boulevard, Suite 250; Dallas, TX 75208

(214) 645-7300

HOURS: Monday-Friday, 8am-5pm, Tuesday 8am-7pm

BUS: 1 Mockingbird Sta, 1 Wynnewood

Offers free, anonymous or confidential HIV counseling and testing, testing for syphilis and Hepatitis C by appointment.

URBAN LEAGUE OF GREATER DALLAS AND NORTH CENTRAL TEXAS

4315 S. Lancaster Road; Dallas, TX 75216

(214) 915-4600

HOURS: Monday-Friday, 8am-5pm

TRAIN: S-Blue Line-Ledbetter, N-Blue line-Downtown Garland, N-Blue Line-8th & Corinth

Provides access to medical care, treatment and support services for HIV positive recently released ex-offenders. Also, HIV testing, HIV prevention and referrals.

Helpful Phone Numbers

2-1-1: Get free, confidential information and referrals to places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 and tell the operator what you need.

Alcoholics Anonymous 214 887-6699

Cocaine Anonymous 214 557-1261

Narcotics Anonymous 972 699-9306

Dallas Area Rapid Transit 214 979-1111

Information about bus routes and schedules. Available Monday-Friday 6am-8pm, Saturday-Sunday 8am-5pm.

Dallas VA Medical Center 214 742-8387

Medical care for Veterans; emergency room open 24 hours.

Medicaid 800 252-8263

Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).

Medicare 800 633-4227
Information and assistance with Medicare.

Metro Dallas Homeless Alliance 214 670 1101
Homeless information. Located at The Bridge.

Social Security 800 772-1213
Get information, forms or find a local office. Live help available M-F 7am-7pm; automated system available 24 hours a day.

Substance Abuse Treatment Support
Alcoholics Anonymous 214 887-6699
Cocaine Anonymous 214 557-1261
Narcotics Anonymous 972 699-9306
Nat'l Drug & Alcohol Toll Free Helpline 855 378-4734