

## Medical Resources

as of May 2011

# Houston, TX

<p><b>Texas Department of Criminal Justice Unit Level</b></p> <p>If you believe that you need medical treatment, fill out a written Sick Call Request (HSA-9) and place it in a Sick Call Request box.</p> <p>For information related to sexual abuse, please contact:</p> <p>Unit Level: Safe Prisons Coordinator/Staff Medical Services Mental Health Services</p> <p>Hotline: 1-800-799-SAFE (7233)</p>	<p><b>What to do First</b></p> <p>After release, the first thing you should do after calling your parole/probation officer is contact your case manager or a community service organization to make an appointment to meet with a case manager. Your case manager will help you to get needed services. Together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food pantry and transportation.</p> <p>Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life. If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment.</p>
<p><b>ADAP Drug Assistance Program (800) 255-1090</b></p> <p>Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy. Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct. Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance. Open Monday-Friday, 8am-5pm (except for state holidays)</p>	

## Emergency Homeless Services

**Bread of Life 713 650-0595**  
**1703 Gray Street; Houston, TX 77003**

After Dark program: shelter, showers, laundry, meals and more. Open 4pm-8am, 7 days a week.

**Coalition for the Homeless 713 739-7514**

Homeless information, referrals and crisis management available 24 hours a day, 7 days a week.

**Miryam's Hostel 713 224-1373**

**2009 Congress Street; Houston, TX 77002**

Emergency shelter for women (located above Loaves & Fishes) offers showers, clothing & meals.

**NeuroPsychiatric Center Helpline 713 970-7070**

If you have an urgent mental health crisis, call the 24 hour NeuroPsychiatric Center located at Ben Taub Hospital.

**Salvation Army 713 224-2875**  
**2407 N Main Street; Houston, TX 77009**

Men's shelter, meals, showers, laundry and more.

**SEARCH 713 739-7752**

**2505 Fannin Street; Houston, TX 77002**

Day shelter: meals, showers, laundry, clothing, info, referrals and more. Open 8am-4pm, M-F.

**Star of Hope 713 227-8900**

**1811 Ruiz Street; Houston, TX 77002**

Men's Development Center: provides shelter, meals, showers, referrals; employment programs.

## Agencies: Medical Clinics and Social Services

### **ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)**

204 Clifton Street Houston, TX 77011

(713) 926-9491

www.aamainc.us

HOURS: Monday-Friday, 8am-5pm

BUS ROUTES: 50, 20

**Minorities Action Program** – assists with substance abuse services, HIV, Hep C & TB testing, HIV related case management and also helps Spanish speaking individuals to access services. AAMA can help connect you to medical care, transportation, housing and many other services. [www.aamainc.us](http://www.aamainc.us)

*AAMA ofrece ayuda en Español con acceso a servicios de transportación, tratamiento médico, ayuda para parar el uso de drogas, y con pruebas del VIH, Hepatitis C y tuberculosis.*

### **AIDS FOUNDATION HOUSTON**

3202 Wesleyan Street Houston, TX 77027

(713) 623-6796 [www.aidshelp.org](http://www.aidshelp.org)

HOURS: Monday-Thursday, 7am-7pm

BUS ROUTES: 78, 82, 81, 25

**Get Started Program** - help for newly released minority offenders, includes METRO bus pass.

**Get Started Girl** - program for all women released from prison or jail within the last 6 months.

**Bus pass (METRO Q card), Case Management, Clothing Pantry, Food Pantry, Free HIV & Syphilis Testing** (by appointment), **Health Education, Housing Programs and Rent & Utility Assistance.**

AFH can also connect you to medical care, medication assistance, transportation and many other services.

### **BERING OMEGA COMMUNITY SERVICES**

1429 Hawthorne Houston, TX 77006

(713) 529-6071 [www.beringomega.org](http://www.beringomega.org)

HOURS: Monday-Friday, 8am-5pm

BUS ROUTES: 81, 82

**Care Center** - for adults with HIV that require nursing care during the day. Open 7am-5pm. 713 341-3750

**Dental Clinic** - offers a full range of dental services. Intake on Monday & Friday, 9am-1pm. 713 341-3790

**Housing Assistance** - basic budget planning, resources and 1st months rent & deposit assistance through HOPWA. 713 341-3767

**Omega House** - HIV hospice offering palliative care as well as psychosocial and bereavement services for the dying and their loved ones. Open 24 hours. 713 341-3783

### **FORT BEND FAMILY HEALTH CENTER**

400 Austin Street Richmond, TX 77469

(281) 342-0529, [www.fbfhc.org](http://www.fbfhc.org)

HOURS: Hours vary by program

Ext. 138 or 149

Case Management & CPCDMS registration, Dental Care, Eye Care, Medical Clinic, Pharmacy, Psychiatry & Psychotherapy and Referrals to Dental Care, Eye Care and Other Services.

Ft. Bend Family Health Services provides HIV primary care to residents of Fort Bend, Waller, Wharton, Austin and Colorado counties.

### **HOUSTON AREA COMMUNITY SERVICES**

2150 W. 18th Street, #300 Houston, TX 77008

(713) 426-0027 [www.hacstx.org](http://www.hacstx.org)

HOURS: Monday-Friday, 9am-5pm

BUS ROUTES: 48

Bus pass (METRO Q Card), Medical Case Management & CPCDMS registration, HIV, STD and Hepatitis C Testing, Housing Related Services, Medical Clinic, Well Woman/Well Man & Pediatrics, Mental Health Counseling (Individual, Couple & Group), Outpatient Substance Abuse Treatment, Pharmacy and Transgender Program

### **LEGACY COMMUNITY HEALTH SERVICES**

1415 California Street Houston, TX 77006

(832) 548-5000 [www.legacycommunityhealth.org](http://www.legacycommunityhealth.org)

HOURS: Hours vary by program

BUS ROUTES: 81, 82

Bus pass (METRO Q Card), Case Management & CPCDMS Registration, Health Education & Risk Reduction Services, HIV, STD & Hepatitis Testing, Medical Clinic and Pharmacy, Mental Health Counseling, Psychiatric Services and Women's Clinic

Other locations offer medication and insurance premium and co-pay assistance, eye clinic, wellness program and medical clinic.

## **MONTROSE COUNSELING CENTER**

401 Branard St., 2nd Floor Houston, TX 77006 (713) 529-0037 [www.montrosecounselingcenter.org](http://www.montrosecounselingcenter.org)  
HOURS: Monday-Friday, 8am-7pm BUS ROUTES: 78, 25

Bus pass (METRO Q Card), Case Management & CPCDMS registration, Education & Prevention Services, HIV Testing (8am-5pm), Mental Health Counseling (Individual, Couple, Family and Group), Outpatient Substance Abuse Treatment and Support Groups

## **ST. HOPE FOUNDATION**

6800 West Loop South, #560 Bellaire, TX 77401 (713) 839-7111 [www.offeringhope.org](http://www.offeringhope.org)  
HOURS: Monday-Thursday, 8am-5pm BUS ROUTES: 2

Bus pass (METRO Q Card), Medical Case Management & CPCDMS registration, Fusion Program - MSM Educational Groups, HIV and STD Testing and Counseling, Medical Clinic & Well Woman Care, Counseling & Psychiatry, Pharmacy, Service Linkage and Transportation

St. Hope also has a medical clinic in Stafford (Ft. Bend County) and a medical and dental clinic in Conroe (Montgomery County).

## **THOMAS STREET HEALTH CENTER**

2015 Thomas Street Houston, TX 77009 (713) 873-4000  
HOURS: Monday-Friday, 7:30am-4pm BUS ROUTES: 9, 24, 37, 52

Bus pass (METRO Q Card), Medical Case Management & CPCDMS registration, Access to Clinical Trials, Health Education, Hep C & HIV Dual Diagnosis Treatment, HIV Testing and Counseling, Medical Clinic, Specialty Clinic & Well Woman Care, Pharmacy (ADAP and medication assistance) and Psychiatry & Support Groups.

Harris County Hospital District has additional locations, see your case manager for details.

## **Helpful Resources**

**2-1-1** [www.211texas.org](http://www.211texas.org)  
Get free, confidential information and referrals to places that can assist with food, housing, employment, counseling and more. Just dial 2-1-1 and tell the operator what you need.

**Houston Area Blue Book Resource Guide** 713 572-3724  
[www.rwpcHouston.org](http://www.rwpcHouston.org)  
Please call the Ryan White Planning Council Office of Support to have a copy mailed to you for free.

**Medicaid** 800 252-8263  
[www.hhsc.state.tx.us/Medicaid/index.html](http://www.hhsc.state.tx.us/Medicaid/index.html)  
Information about Texas Medicaid and the Children's Health Insurance Program (CHIP).

**Medicare** 800 633-4227  
[www.medicare.gov](http://www.medicare.gov)  
Information and assistance with Medicare.

**METRO** 713 635-4000  
[www.ridemetro.org](http://www.ridemetro.org)  
Information about bus routes and schedules. Available M-F 6am-9pm, S-S 8am-8pm.

**Michael E. DeBakey VA Medical Center** 713 791-1414  
[www.houston.va.gov](http://www.houston.va.gov)  
Medical care for Veterans; bus passes available for patients of the HIV Clinic. M-F 8am-4:30pm; emergency room open 24 hours.

**Social Security** 800 772-1213  
[www.ssa.gov](http://www.ssa.gov)  
Get information, forms or find a local office. Live help available M-F 7am-7pm; automated system available 24 hours a day.

**Substance Abuse Treatment Support**  
Alcoholics Anonymous 713 686-6300  
Cocaine Anonymous 713 668-6822  
Narcotics Anonymous 713 661-4200  
Nat'l Drug & Alcohol Toll free Helpline 855 378-4734